



## Michigan Clinical & Therapeutic Massage

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## **Chris Botsford Bio**

### Chris Botsford, CST

Chris Wheeler has been a student, practitioner, and teacher of many forms of bodywork, energy work, meditation and spiritual training for over 20 years.

Chris specializes in Upledger CranioSacral with a focus on SomatoEmotional Release (SER) and pediatrics and became part of the teaching assistant staff. She studied various forms of energy therapy and medical intuitive courses, was a graduate of EnergyTouch™ Therapy in 2006, and was on staff as a teacher assistant until 2013. She currently practices CS and ET Graduate from CMED, a study of the Archetypes and Sacred Contracts taught by Carolyn Myss and now co-leads Archetypal classes and retreats and graduated from a two-year International Spiritual School in New York.